

BREAD OF LIFE EPA

Mailing Address: P. O. Box 52070
East Palo Alto, CA 94303

Location: 1852 Bay Road
East Palo Alto, CA 94303

Telephone: 326-9796, Administrative Office
326-9797, Kitchen and Dining Hall

Telefax: 326-9797 (Please call first to *reserve* Transmission Line)

e-Mail: breadoflifeepa@juno.com

Status: Non-profit agency. 501(c)(3) Federal I.D. # 94-3103364

Contact Person: Jeri L. Hill, Ph.D., Executive Director [650/326-9796]



- **MISSION:** The mission of BREAD OF LIFE EPA is to provide hot, nutritious, culturally-appropriate meals, clothe and comprehensively serve the economically disadvantaged, homeless, elderly and recovering-addict residents of East Palo Alto (EPA) and nearby eastern Menlo Park (eMP), thus improving the health, welfare, dignity and spiritual well-being of the entire community.
- **PROFILE:** The primary focus of BREAD OF LIFE EPA efforts is its basic **MEAL SERVICE** to the homeless, to the indigent, to the elderly and to recovering addicts in the EPA and eMP communities. Five days a week (Tues, Wed, Thurs, Sat, Sun), from 100 to 250 people per day receive nutritious, delicious meals. In addition, constituents have access to clothing and to shower facilities (individuals and entire families). In the process of meeting needs and delivering services, we provide a non-judgmental atmosphere of love, caring and expectation that those suffering in poverty will partner with BREAD OF LIFE and other local non-profit groups to work their way toward wholeness and productivity in our society.
- **GOALS:** To provide for individuals and families an encouraging and loving atmosphere, a “temporary sanctuary” in which to secure a hot meal, clothing and shower and experience from our staff dignity and genuine caring. Further, BOL passes on training, educational and employment opportunities and other (i.e., medical and dental) information intended to empower individuals and families to gain and maintain economic independence and spiritual health.
- **OBJECTIVES:**
 - To perpetuate a sense of dignity among people suffering from poverty and homelessness
 - To preserve the family unit and prevent “at risk” families from slipping into (permanent) homelessness and/or disintegrating into a dysfunctional/non-functional unit
 - To offer services for the survival and improved health of those living in poverty
 - To provide encouragement and opportunity for impoverished children and youth
 - To raise community awareness on how to help neighbors
 - To be an *accountable* organization of *integrity* that fosters confidence that resources offered by one community will be diligently and responsibly delivered to those various populations we serve, those most in need...without fee, without compromise.
- **FACTS:**

BREAD OF LIFE EPA generally serves hot meals to the hungry on Tues, Wed, Thurs, Sat and Sun. The number of diners varies dramatically from day to day, but may be as high as ~250. On special holidays or occasions, up to 500-750 diners are served.

BREAD OF LIFE EPA has strategically formed collaborative relationships with other local CBO’s (Community-Based Organizations) in an effort to enhance services delivered to the homeless and other residents of EPA and eMP. (Details available upon request.)

BREAD OF LIFE EPA Summer 2002 Children’s Program served over 25 children. Activities included singing, games, action performances by children, snacks, full-course meals with their family, nutrition education and social-skill-enhancing, fun activities.

BREAD OF LIFE EPA’s Executive Director, Dr. Jeri L. Hill (dr. j) is intimately familiar with the unique culture and challenges of EPA and eMP residents. She brings to **BREAD OF LIFE EPA** a vision of *innovative advocacy* for the homeless and economically-disadvantaged children with early academic, emotional and spiritual intervention to “break the cycle” of perpetual bondage that homeless children inherit, internalize and “pass on” to the next generation.
- **NEEDS:** Our most critical need at the moment is FINANCES...given the current economic downturn. Fundraisers are sought. Other important needs include: Cook, Drivers, Handyman, Blankets, Sleeping Bags, Fax Machine (good working order), Printer, Computer (good working order).

BREAD OF LIFE EPA



Co-founders

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Lovie D. Lewis  
William Lee, M.D.

### Board Chairman

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William Lee, M.D.

Executive Director

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Jeri L. Hill, Ph.D.

### Board Members

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William Lee, M.D.
Sylvester Bass
Larry Becker
Kevin Chen, Ph.D.
Rev. Tobey Hall
Kathryn Rann
Gerald Schneider,
Esq
David Thysen
Timothy Wright,
Esq.

Advisor

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Craig Kammerer

### Volunteers

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Smooth operation of Bread of Life’s various comprehensive services is totally dependent on donations and volunteers. Most of the regular volunteers are East Palo Alto & eastern Menlo Park residents who have committed themselves to improving the quality of life of all EPA/eMP residents.

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Volunteers from surrounding communities are also invaluable. Some volunteers are students from Stanford. Others are from various Jr. High and High Schools who wish to satisfy “Community Service” hours needed for their academic regimen. Yet other volunteers are from civic or religious organizations. Some come weekly; some, monthly; some, on special occasions and holidays.

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All Volunteers are critical to the everyday workload at Bread of Life.

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Volunteers (young and old) usually find Bread of Life to be a unique and heart-warming experience. You can volunteer today!

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Bread of Life receives no federal or state funding. Thus, Bread of Life depends heavily on donations from individual donors and from corporations who wish to improve the lives of the homeless and indigent. You can donate finances or resources today!

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MEAL SERVICE HOURS

Tues 4:30 p - 5:30p / 4:15p - 6:30p
Wed 4:30p - 5:30p / 4:15p - 6:30p
Thurs 4:30p - 5:30p / 4:15p - 6:30p

Sat 1:00p - 2:00p / Inquire *re* specific weekend volunteer schedule
Sun 2:30p - 3:30p / Inquire *re* specific weekend volunteer schedule

DIRECTIONS

From North Bay

Take 101 South.
Exit at University Ave Exit (Take the East Palo Alto option), veering to the right.
Turn right at red light signal. (University Ave.)
Cross (Overpass) 101.
Continue on University Ave several blocks.
Turn Right onto Bay Road.
After one stop sign, cross the old railroad tracks.
Turn right into the first PEOPLE'S PLAZA driveway.
BREAD OF LIFE EPA is the last building at end of the driveway.

From South Bay

Take 101 North.
Exit at University Ave (East Palo Alto) Exit, veering to the right.
Turn left onto Donohoe at the first red light signal.
Turn right onto University Ave at the next red light signal.
Travel several blocks on University Ave.
Turn Right onto Bay Road.
After one stop sign, cross the old railroad tracks.
Turn right into the first PEOPLE'S PLAZA driveway.
BREAD OF LIFE EPA is the last building at end of the driveway.

VOLUNTEER OPPORTUNITIES

Volunteer duties: Food preparation, Food service, Post-meal Clean-up, Clothes Closet, Pick-ups & Deliveries, Building (Holiday) Decoration and Maintenance, Food Distribution to Collaborators
Bread Of Life EPA volunteers choose from a variety of Volunteer Opportunities.

Some volunteers come on a one-time basis, as their schedules permit.

Other volunteers come on a once or twice weekly basis. (i.e. Tuesday and Thursday)

Still other volunteers, especially church groups, come as part of a group at defined intervals. (i.e., every third Saturday or every fourth Sunday)

Some volunteers come once to help us with a project. (i.e. assemble a special meal kit)

In all cases, volunteers work under supervision of staff and agree to adhere to our policies.

Bread Of Life EPA attempts to accept volunteer help, according to volunteers' convenience.

Special Holiday Volunteer Options are exciting. Most individuals/groups schedule *well in advance*

to avoid disappointment of all volunteer slots being filled.

Finally, fundraising projects *under the supervision of Bread Of Life officials*, are most welcomed.

Feel free to inquire about our *fun fundraising* Development Committee activities.

BREAD
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EPA



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